



# The Winston Whisper

## Winston Hills Public School

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Issue 17

Tuesday, 6 November 2018

## FROM THE PRINCIPAL

### Kindergarten Orientation

It has been great to see the happy faces at our school's Kindergarten orientations over the past three weeks. This gives the students a taste of "big school" and helps the teachers get to know them better.

If you know of anyone that is enrolling next year and has not done so, please suggest that they do.

### Spring Picnic

On Friday the 26<sup>th</sup> of October we held our second Mother and Daughter Spring Picnic. It was a great afternoon that we all enjoyed. I would like to thank all of the teachers for helping with the event, particularly Miss O'Hegarty for her organisation. Friday the 16<sup>th</sup> of November is our annual Father and Son camp out. It is amazing to see the response we have had to this event. I am sure it will be a great night again.

### Band Try Out Night

On Wednesday the 24<sup>th</sup> of October, we had our tryout night for the 2019 Band program. I would like to take this opportunity to thank the Band Committee and Mrs Webb for all of their hard work in organising this great experience for the students of our school.

### Classes for 2019

The school is currently in the planning process for next year. An important part of the process is determining numbers. If you are leaving the school at the end of the year or are taking an extended holiday, please let the school office know so that we can include those details into our planning.

### Ethics Teachers required

It's been almost two years since our very successful launch of Ethics classes at Winston Hills Public School. Demand for classes has been high and numbers are tight. To avoid disappointing the students we need more teachers. Teaching ethics is structured and fun and the easiest way to see this is to visit an ethics class on a Thursday morning. To arrange a visit or to discuss what it takes to be an ethics teacher (about three days training and no previous experience) give Jeff Greene a call on 0417411606 or contact the school. Meanwhile have a look at [www.primaryethics.com.au](http://www.primaryethics.com.au) to see what it's all about. Come and see our team of 5 parents making a difference with one to two hours commitment a week.

### Jump Rope For Heart

It was great seeing all of the students taking part in the Jump Rope For Heart day last week. Many of the students have enjoyed the opportunity to get fit through skipping and the school raised over \$800 for the Heart Foundation. Thank you to Mrs Rooke for introducing this great initiative.

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## CALENDAR

### TERM 4

#### Week 4

Tuesday 6 November	P&C Meeting 7.30pm
Thursday 8 November	Uniform Shop Open 8.40am 3-6 Assembly 2.10pm

#### Week 5

Tuesday 13 November	Y6 Fundraiser Teacher vs Student Game
Thursday 15 November	K-2 Assembly 2.10pm Uniform Shop Open 8.40am
Friday 16 November	Father & Son Camp Out 4.30pm

#### Week 6

Monday 19 November	Life Education Starts
Thursday 22 November	Showcase Night

## WHAT'S DUE?

Thursday 6 December	Interrelate Permission Note Swimming Carnival Permission Note Term 1 2019 Accounts
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## ACCOMPANYING NOTES

- Interrelate – Year 5
- Swimming Carnival 2019 Permission Note Y3-6 2019
- Term 1 2019 Account K-5

## FROM THE PRINCIPAL Cont...

### P&C Meeting – Tonight

The next P&C Meeting will be held tonight at 7.30pm in the staffroom. All Welcome.

**Mark Byrne**  
**Principal**

[Mark.byrne@det.nsw.edu.au](mailto:Mark.byrne@det.nsw.edu.au)

## FROM THE DEPUTY

### Life Education – Healthy Harold

Life Education lessons will start on Monday 19 November until Monday 3 December. Students across K-6 will participate in the Healthy Harold Program. This program covers the health and drug education component of our Personal Development, Health and Physical Education (PDHPE) curriculum. The information and skill based units for each stage focus on student interaction. Students will receive workbooks after their visit, which will be used in the classroom as part of PDHPE.

The Life Education units for each stage/grade are:

- **Kindergarten, 1-6SM & K-2G – My Body Matters**
- **Year 1 = Ready, Steady, Go**
- **Year 2 & 3-6A = Growing Good Friends**
- **Year 3 & 4 = All Systems Go**
- **Year 5 & 6 = Think Twice**
- **3-6F = Relate Respect Connect**

There will be a session for parents to attend if you are interested in finding out more about these lessons. Date and time for the parent session will be in the next newsletter.

### Selective High School Placement 2020

2020 Selective High School Placement Applications have opened for Year 5 students applying for entry to Selective High Schools in 2020. All applications must be completed online before the closing date Monday 12 November 2018. Only online applications will be accepted. Applications can be submitted at:

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>

All applicants will be required to sit the Selective High School Placement Test on Thursday 14 March, 2019. For more information regarding Selective High School Placement for 2020, please visit:

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes>

## Positive Behaviour for Learning (PBL)

Focus Area for Week 2 & 3

### Winnie's Focus Area

*We are responsible.....*

*'We move to lines when the music starts'*



This fortnight's PBL focus is about being responsible. Students are reminded to move to lines when the music starts playing, so they are ready and settled when the bell goes. By encouraging this, students are then more settled when they return to class and are ready to be engaged in their learning. Posters have been put around the school to emphasise this fortnight's focus.

### 2019 Count Us In!

To celebrate music education in Australian schools, all our K-6 students, along with over half a million children from around Australia sang 'One Song' on Thursday 1 November in the school hall. The students enjoyed being part of it.



**Wendy Kayello**

**Deputy Principal**

# SCHOOL NEWS

## PSSA RESULTS – Round 10

### Cricket

Junior Vs Jasper Road Public School	Won	101 - 80
Senior Vs Jasper Road Public School	Won	90 - 65

### Softball

Boys vs Matthew Pearce Public School	Lost	2-7
Girls vs Matthew Pearce Public School	Lost	3-11

### T-Ball

Boys vs Matthew Pearce Public School	Won	19-6
Girls vs Matthew Pearce Public School	Lost	2-8

### Touch Football

Junior Boys Vs Northmead Public School	Won	2-0
Junior Girls Vs Northmead Public School	Lost	0-2
Senior Boys Vs Northmead Public School	Won	6-1
Senior Girls Vs Northmead Public School	Won	5-2

## PSSA RESULTS – Round 11

### Cricket

Junior Vs Matthew Pearce Public School	Won	75-64
Senior Vs Matthew Pearce Public School	Lost	79-101

### Softball

Boys Vs Baulkham Hills North Public	Won	5 - 0
Girls Vs Baulkham Hills North Public	Lost	1 - 5

### T-Ball

Boys Vs Baulkham Hills North Public	Won	10- 0
Girls Vs Baulkham Hills North Public	Won	3 - 2

### Touch Football

Junior Boys Vs Baulkham Hills North Public	Won	8 - 2
Junior Girls Vs Baulkham Hills North Public	Lost	2-1
Senior Boys Vs Baulkham Hills North Public	Won	6 - 1
Senior Girls Vs Baulkham Hills North Public	Won	5 - 4

**Melissa Johnston**

## PSSA – Where are they playing?



### Round 12 – 9 November 2018 (9.00am – 11.00am)

Touch Football	Vs Winston Heights Public @ Ted Horwood Reserve Fields 7 & 8
Cricket	Vs Northmead Public @ Masonic Oval
T-Ball	Vs Jasper Road Public @ Gooden Reserve
Softball	Vs Jasper Road Public @ Gooden Reserve

### Round 13 – 16 November 2018 (9.00am – 11.00am)

Touch Football	Vs North rocks Public @ Ted Horwood Reserve Fields 3 & 4
Cricket	Vs North Rocks Public @ Max Ruddock
T-Ball	Vs Winston Heights Public @ Gooden Reserve
Softball	Vs Winston Heights Public @ Gooden Reserve

## ASSEMBLIES

### Kindergarten & Stage 1 Assembly (K-2)

- Thursday 15 November – 2.10pm
- Parents are welcome to attend

### Stage 2 & 3 Assembly (Years 3,4,5 & 6)

- Wednesday 8 November – 2.10pm
- Class Item – 3TW
- Parents are welcome to attend

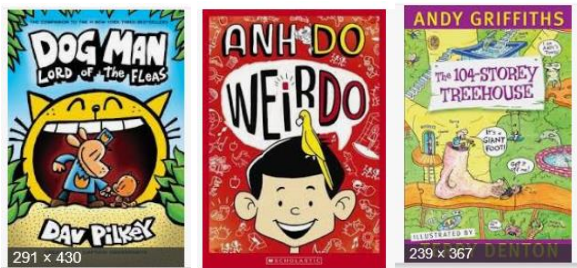


# SCHOOL NEWS

## LIBRARY NEWS

The library has some wonderful new books on the shelves this term. Due to the generosity of many parents and carers who took the opportunity to purchase at the Scholastic Book Fair last term we were able to purchase many new books including senior novels, picture books, non-fiction books and even some class sets and series. I have also taken the opportunity to order extra copies of some of our most popular books including the Dog Man and Anh Do series. Of course these books would not be on the shelves so quickly without the kindness of several parents and students that assisted me with book covering. A huge shout out to Mrs Anderson, Mrs Wilkinson, Mrs Randhava and Mrs Bryant. Can I also thank Ria, Lily and Alyssa who have spent every lunchtime since last Thursday covering books in the library and assisting wherever possible. They have done extraordinary work and I am sure their parents will happily allow them to cover all their books and their siblings' books once they see what they can do.

Ashleigh, Mihika, Isabella C, Tahlia have also been helping out in the library at lunch times and their assistance has been very much appreciated.



As the end of the school year approaches you may receive a note from your child stating that they have an overdue book. I ask that you look around the house and see if you can locate the said book. If you believe that your child has already brought the book to school, please contact me so that we can get the teacher to have a look around their classroom. Stocktake will be done at the end of the year and it is important that we account for all the resources that we purchase for the school.

Happy Reading,

*Mrs Moses*

## P&C Meeting Tonight

**6 November 2018**

**7.30pm**

**In the Staffroom**

**All Welcome**

IT'S TIME TO EVEN THE SCORE

# TEACHER VS STUDENT GAME

YEAR 6 FUNDRAISER



13TH NOVEMBER 2018  
LUNCHTIME  
AREA B  
BRING YOUR GOLD COIN

## FATHER & SON CAMP OUT

## REMINDER



**FRIDAY 16<sup>TH</sup> &  
SATURDAY 17<sup>TH</sup>  
NOVEMBER 2018**

# SCHOOL NEWS



## REMINDER SHOWCASE NIGHT Thursday 22 November 2018

This night is for our dedicated students in our bands, choirs and dance groups to exhibit their talents to our Community in our New School Hall.

- 5.00pm BBQ and Refreshments to be sold
- 5.30pm Doors will Open
- 6.00pm Showcase Starts

**Admission is FREE**

*Seat Allocation may be exhausted,  
however please feel free to find standing room*

## REMINDER

### UNIFORM SHOP WILL BE OPEN



- Every Thursday Morning – 8.40am

#### LAST MORNING for 2018

- Thursday 13 December 2018

#### LAST EVENING for 2018

- Thursday 6 December 2018- 6-7PM

## HEALTHY HAROLD

STARTS  
ON

**19 NOVEMBER 2018**



## GOT IT! PROGRAM

### Week 3



#### Got It! Tip of the Week

Reading feelings books will help you to support your child to learn about emotions. While reading different books, you may ask him questions that help him to think about different emotions and to learn how to recognise feelings. For example, you might ask, "How do you think she is feeling?", "How do you know that he is feeling sad?", "What is his face doing that lets us know he is angry?" and "What is her body doing to let us know she is excited?". You can also start asking your child how he might feel if he was in the same situation as the character in the book.



BOOK When I'm Feeling...  
Boxed Set 8 feelings by  
Trace Moroney

### Week 4



#### Got It! Tip of the Week

Emotional moments can be an opportunity to teach your child and build your relationship with him. One way to do this is spending a few minutes each day talking with your child about emotional events happening in his life. This quality time might happen after school, after dinner, or at bedtime. Not all children will want to talk openly about feelings. Be patient and try talking when you are doing something together, like driving or doing household tasks. But if she doesn't want to talk, it is important not to pressure her. This is not the time to discipline; it is just a time for listening and reflecting your child's emotions. Over time, this will build your child's trust in you and help her to feel more comfortable with sharing her feelings.



GROUP PARENTING  
PROGRAM Helping  
children learn to  
understand and regulate  
their emotions  
[www.tuningintokids.org.au](http://www.tuningintokids.org.au)



Nutrition Snippet

## The simplest way

...to be SunSmart in summer!

#### Did you know?

Temperature doesn't determine when you need sun protection. It is UV radiation, which is not affected by temperature, that damages skin cells and causes cancer. To reduce your family's risk of skin cancer, **use sun protection whenever UV levels are 3 or above.**

#### How do I know when the UV is 3 or above?

Download the free SunSmart App and set it up for your location!

Most parts of NSW experience high levels of UV radiation, especially from October to March. Check the UV every day using the app, or set up the auto-alert, to find out when you need to use sun protection.

Got any questions? Contact the friendly SunSmart Team on (02) 9334 1761.

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Western Sydney  
Local Health District Live Life Well @ School Program.







## 3LB HAVE GOT THE MOVES!

We've been  
dosey doeing &  
heel toeing!



Swinging our  
partners & having  
a ball!

