



The Winston Whisper

Winston Hills Public School

Hillcrest Ave, Winston Hills 2153
T: 9639 8518 F: 9686 3274
Email: winstonhil-p.school@det.nsw.edu.au
Website: www.winstonhil-p.schools.nsw.edu.au



Issue 2

Tuesday, 19 February 2019

FROM THE PRINCIPAL

Start of the Year

The students have been in their 2019 classes for over two weeks now. I would like to thank the staff for the great work in getting the classes settled and on track for a productive 2019. I would especially like to congratulate the Kindergarten students and teachers for doing an amazing job with settling into school.

New Staff

I would like to welcome Miss King who has joined the school and will be teaching one of our support unit classes this year. Currently the school is in the process of filling a teacher vacancy through the merit selection process.

Winston Hills Public School Uniform Shop

At Winston Hills Public School, we are extremely lucky to have a Uniform Shop that is run completely by volunteers. Having a voluntary shop means that extra funds are raised for the school. Uniform Shop profits are donated back to the P&C, and the P&C can use the money to purchase items that support our students.

Parent Information Evenings

Parent Information Evenings are being held this week. This is a great opportunity to find out what is happening in your child's classroom this year. Teachers will provide details of class routines, homework, student expectations and general curriculum information.

P&C Meeting and Information Night

Tonight is our first P&C meeting for the year. This is a great opportunity to hear about what is happening at the school and how you can get involved. The P&C meeting will then start at 7:30pm.

After School on School Grounds

It is important that parents do not wait outside their child's classroom before the bell. It is good to see parents chatting with each other, however, we ask that this doesn't happen outside the classroom doors to minimise disruption to student learning.

School Band

I would like to give a big thank you to the band committee who have given up many hours of their time to get the band up and running for another great year.

CONTENTS

Page 2: Deputy's Report

Page 3: PSSA

Page 4: From the Chaplain, Assemblies

Page 5: P&C, Uniform Shop

Page 6: Class of the Week – 3K & 5J

CALENDAR

TERM 1

Week 4

Tuesday 19 February	P&C Meeting 7.30pm Parent Information Night - Years 3&4 – 5.30pm - 4/5F – 5.30pm - Years 1&2 – 6.30pm
Wednesday 20 February	Parent Information Night - Kindergarten – 5.30pm - Years 5&6 – 5.30pm
Thursday 21 February	Uniform Shop Open 8.40am 3-6 Assembly – 2.10pm Parent Information Night - Support Classes – 5.30pm
Friday 22 February	Summer PSSA Starts

Week 5

Thursday 28 February	Uniform Shop Open – 8.40am K-2 Assembly – 2.10pm Scripture Starts
Friday 1 March	AFL After School Program Starts

WHAT'S DUE?

Thursday 28 February	Kindergarten Term 1, 2019 Invoice
Thursday 21 March	Account Invoice – Term 2, 2019 3-6 Athletics Carnival Note Sydney Observatory Excursion - Kindergarten 2-3SM / K-2G

ACCOMPANYING NOTES

- Account Invoice – Term 2, 2019
- Sydney Observatory Excursion – Kindy / 2-3M / K-2G
- 3-6 Athletics Carnival 2019 – Permission Note
- K-2 Footsteps Permission Note

Community News:

- Model Farms High School Open Night
- Muirfield High School Open Evening
- NRL Get Active
- Baulkham Hills Netball Club
- Winston Hills Joey Scout Open Night

FROM THE PRINCIPAL Cont...

Parking Concerns

It is extremely important that we all follow the parking restrictions that are around the school and on the school grounds. **They have been put into place to ensure that our children are safe.**

The school's taxi bay area is designed as a "kiss and drop" zone only. We ask that parents do not leave their car in this area or park within this area. This zone is for support student only between 8:15am and 8:45am in the morning and in the afternoon between 3:00pm and 3:15pm.

In the last week, the school has received a couple complaints from neighbours who are finding people parking across their driveway and in some cases even in the driveway.

Both local parking rangers and police are regular visitors to the school and they do issue infringement notices for people who are illegally parked.

Communication with The Principal

Please feel comfortable to call, email, or come into our school to chat with me, if you need to. My email address is mark.byrne@det.nsw.edu.au

Mark Byrne

Email: mark.byrne@det.nsw.edu.au

FROM THE DEPUTY

High School Information

At this time of year, parents of students in Year 5 and 6 will be starting to prepare their children for High School and may be finalising their decision on which High School to attend.

To assist parents in making this decision, all the local High Schools will be conducting open days.

The details are as follows:

- **Muirfield High School**
 - Monday 4 March 2019 - 5:00pm -7pm.
- **Model Farms High School**
 - Tuesday 5 March 2019 - 6:30pm.
- **Northmead Creative and Performing Arts High School**
 - Tuesday 12 March 2019.

All Year 6 students will be receiving a High School Information Pack in early March, which will include an Expression of Interest form. This package will have details of your local High School and will provide parents with an opportunity to apply for out of area schools if needed.

Visitors to our School

To ensure our kids are safe and to make sure that all adults can be accounted for in case of an emergency, all visitors to our school are asked to sign in at the front office, wear a visitor's badge and sign out when leaving.

This excludes parents who are just dropping off or picking up their children at normal and finishing times.

Your understanding in this very important procedure is much appreciated.

Student Leaders Induction 2019

The 3-6 Student Leaders Induction assembly will be on this Thursday 21 February in the hall at 2:10pm.

The K-2 Student Leaders Induction assembly will be on Thursday 28 February in the hall at 2:10pm.

Our Green Team members, Class Captains, SRC, Technology leaders, Library monitors and Band Captains will be acknowledged at this assembly.

Invitations have been sent home last week, and we are looking forward to seeing you at this special assembly.

PBL



This fortnight's PBL focus is about being responsible at school, in particular when lining up after breaks. Students are reminded about this focus to ensure all students move to their class lines when the music starts so they are ready when the bell goes. Students are also encouraged to go to the toilet and have a quick drink during the music time. I am very proud of all the students who are always safe, respectful and responsible at Winston Hills PS.

Clean Up Australia 2019

Clean Up Day at schools is a fun and engaging way to teach young Australians about the responsible disposal of rubbish, resource recovery and the repercussions of rubbish dumped irresponsibly in the local environment.

Friday 1 March will be our traditional Clean Up Australia Day, when all the students will be given an opportunity to clean up a designated area of the school.

Parents are asked to ensure their children have gloves for this day.

Parents not wanting their child/ren to participate are asked to contact their child's class teacher.

Thanking you in advance for your support.

Wendy Kayello
Deputy Principal



SCHOOL NEWS

Parent Information Night

Tuesday 19 February 2019

Years 3 & 4 – 5.30pm

4/5F – 5.30pm

Years 1 & 2 – 6.30pm

Wednesday 20 February 2019

Kindergarten – 5.30pm

Thursday 21 February 2019

Support Classes – 5.30pm

PSSA – Where are they playing?



Round 1 – 22 February 2019

Touch Football	Vs Excelsior Public School @ Ted Horwood 5
Cricket	Vs Winston Heights Public @ Ted Horwood 2/3 1 Pitch
Softball	Vs Winston Heights Public @ Gooden Drive Reserve
T-Ball	Vs Winston Heights Public @ Gooden Drive Reserve

Round 2 – 1 March 2019

Touch Football	Vs Matthew Pearce Public @ McCoy Park
Cricket	Vs Northmead Public @ Ted Horwood 2/3 1 Pitch
Softball	Vs Northmead Public @ Col Sutton Reserve
T-Ball	Vs Northmead Public @ Col Sutton Reserve



**2019
Friday
1 March 2019**

Bring your Gloves
✦
Help our Local Environment

REMINDER

SCRIPTURE
WILL COMMENCE
Thursday
28 February 2019

SCHOOL NEWS

FROM THE CHAPLAIN



Does this friendships bring me joy?

I don't know about your car, but my car after the school holidays needed a big clean out and so did the toy cupboard. As my kids grow older, they don't need "baby" toys anymore, so with much moaning and groaning and tears from all the fond memories (from me) we decluttered.

We can say our friendships are similar. As we get older we change, and so do our friendships... and that's okay. It's a completely normal progression to tidy up our friendship circle. Encouraging our children to surround themselves with friendships that make them feel good, and helping them understand the difference between a healthy and unhealthy friendship is important.

But what happens if a friendship doesn't bring much joy? Sometimes children will hold on so tightly to a friendship that doesn't make them feel good and this can start to affect their moods and concentration in the classroom. It's like they're still trying to fit into a small pair of shoes that give them blisters. When a friendship is in the unhealthy zone, we need to encourage our children to spend less time in that friendship, help them feel grateful for what that friendship gave them and then let it go. It might feel a little strange and uncomfortable at first, like a wearing a new pair of shoes, but like decluttering the cupboards and mindfully creating space that brings you happiness, it's the same with friendships. If your child feels safe and joyful in their friendship circle, then they will be happy coming to school and be more engaged in the classroom.

In the next newsletter I'll write about the signs to look out for if you think your child is struggling with an unhealthy friendship. For more information go to www.urstrong.com

Take care

Kylie Isherwood
School Chaplain


ASSEMBLIES

Stage 2 & 3 Assembly (Years 3,4,5 & 6)

- Thursday 21 February – 2.10pm
- Parents are welcome to attend

Kindergarten & Stage 1 Assembly (K-2)

- Thursday 28 February – 2.10 pm
- Parents are welcome to attend



Nutrition Snippet

The simplest way

...to make fruity ice creams.

Watermelon
200g watermelon flesh
200g low-fat vanilla yoghurt
8 mint leaves


Mango raspberry
Flesh from 1 mango
1 banana, peeled
200g low-fat mango yoghurt
24 raspberries, fresh or frozen.




Method
Place all ingredients into a blender. Blend until smooth and pour into the cups or moulds. Freeze for 4-6 hours or overnight until solid. Stand at room temperature for a few minutes before removing from the cup or mould.

LiveLighter and FOODcents © reproduced with permission.
For more information visit www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.



Health
Western Sydney
Local Health District



School Photos

Tuesday
2 April 2019

Bring Your Smile



P & C NEWS

UNIFORM SHOP

NOTICE TO ALL PARENTS

The Winston Hills Public School Uniform Shop operating hours are:

Thursdays
8.40am – 9.30am

1st Thursday of the month
6.00pm – 7.00pm

The shop is wholly volunteer run, which enables parents to have reduced costs in purchasing uniforms. Without volunteers, the shop would close and then be outsourced to a company, who would inevitably increase the cost of uniforms and our school children are the ones who will miss out as all profits will go elsewhere.

All we ask is for parents to volunteer in the uniform shop.

Thank you
Uniform Shop Co-ordinators

REMINDER

**School Banking
is now on
Wednesday**



The way we process the School Banking has changed this year due to new security requirements.

Students are required to bring their banking books on Wednesdays.

REMINDER

**P&C Meeting
Tonight**

Tuesday 19 February 2019
7.30pm in Staffroom

All Welcome



SunSmart Snippet

The simplest way

...to use shade!

Shade is one of the easiest ways to protect yourself from the sun. Using shade can reduce your UV exposure by up to 75 per cent!

There are plenty of different types of shade including trees, tents and shade sails. All of these provide good protection from UV radiation.



Remember to lead by example!

Children learn from adults around them so make sure that you are seeking out shade when you go outside. Encourage children to think about where the shade is and move throughout the day to stay safe.

For total sun protection, make sure that you Slip, Slop, Slap, Seek and Slide whenever the UV is above 3.



Health
Western Sydney
Local Health District

To help keep your kids safe,
check your schools SunSmart
status by heading to
www.sunsmartnsw.com.au



UNIFORM SHOP URGENTLY NEEDED VOLUNTEERS

If you are interested, please contact
the school office on 9639 8518

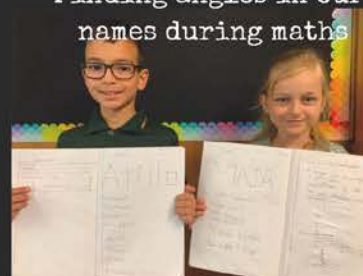
Thank you



3K- Caramello Koalas oozing with excitement



Finding angles in our
names during maths



My Life in apps

5J - Jumbucks we are all about thinking outside the flock



Science and HSIE

Ryan, Oh Min
Lachlan
Ethan, Jake
Ziad
Benjamin



English

Henry
Anaya, Leo
Holly
Luke, Kai
Emily



Mathematics

Holly, Tahlia
Roche, Oscar
Aalieah
Julian
Mitchell



PDHPE and CAPA

Timothy, Kristan
Austin, Hannah
Sharvil, Eva
Olivia