



The Winston Whisper

Winston Hills Public School

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Issue 7

Tuesday, 21 May 2019

FROM THE PRINCIPAL

Mother's Day- Thank You

I would like to give a big thank you to the staff for their great teamwork in feeding over 700 people for the Mother's Day Breakfast. I would especially like to Miss O'Hegarty, Miss Charalabidis Miss Nettleton, Mr Astill, Mrs Nguyen, Miss Ferro, Miss Youhanna and Mrs Webb for their amazing organisation of the event. I would also like to thank all of the staff that jumped in and helped on the day. Some of them arriving just after 6am.

A big thank you to the hard working mothers who were involved in the Mother's Day gift store. I am sure that there were happy faces on Sunday morning when they were unwrapped.

PSSA

It is always good to go to PSSA and see the large parent support that our teams enjoy each week.

At Winston Hills Public School we are extremely lucky to have teachers who are keen to be involved in coaching PSSA teams. This is not always the case at the other 18 schools within our zone. Teachers are not always experts at the sport that they are involved in, however, if they don't put their hand up to take the team, then we don't have a team to play. This year some schools have withdrawn teams as they are unable to get teachers to coach them.

Building Works

There are lots of exciting things happening to improve the facilities around the school. They include:

- Wheelchair drop off area within the staff carpark.
- Access ramp to the hall.
- New professional stage curtains for the hall. These curtains are the result of a joint project with the Federal Government and the P&C.
- A major upgrade to the main toilet blocks in the school.
- New carpet in some of the classrooms and common areas.
- New wet areas in a number of the classrooms.
- New grass to be laid in the infant's playground.

All of these improvement projects have resulted in some change to routine, however, there is light at the end of the tunnel.

P&C Meeting

The next P&C Meeting will be held at 7.30pm in the staff room tonight. All welcome!

CALENDAR

TERM 2

Week 4

Wednesday 22 May
Thursday 23 May

Footsteps K-2
Uniform Shop 8.40am
3-6 Assembly

Week 5

Monday 27 May
Wednesday 29 May

High School Links
Footsteps K-2
Choir Rehearsals – Jasper Road PS
Uniform Shop 8.40am
K-2 Assembly

Thursday 30 May

Week 6

Wednesday 5 June
Thursday 6 June

Footsteps K-2
Uniform Shop Open 8.40am
Uniform Shop Open 6-7pm
3-6 Assembly

Week 7

Monday 10 June

Public Holiday
Queen's Birthday

WHAT'S DUE?

Thursday 30 May

Final Payment Milson Island Camp

Thursday 20 June

Term 3 Account Invoice

Calmsley Hill Farm

Combined Athletics Carnival

- Support Classes

Footsteps Dance Programs

'Silly Scientist' Incursion

Friday 28 June

K-2 Athletics Carnival

ACCOMPANYING NOTES

- Account Invoice - Term 3, 2019
- Calmsley Hill Farm Permission Note – Kindergarten
- Combined Athletics Carnival – Support Classes
- Footsteps Dance Program – Years 3-6
- 'Silly Scientist' Incursion – K-6
- K-2 Athletics Carnival

FROM THE PRINCIPAL Cont...

Election BBQ

A very big thank you to Jeff Greene and his team of volunteers who were cooking the BBQ at the election on Saturday. This was the second election BBQ in two months and a great fundraiser for the school.

Zone Cross Country

A big congratulations to our Zone Cross Country Team who did a great job representing the school yesterday. There were some great results with details to come soon.

Mark Byrne

Email: mark.byrne@det.nsw.edu.au

FROM THE DEPUTY

Mother's Day Stall

A huge thank you to all the mums who helped out at the Mother's Day stall. A special thank you to the P&C Fundraising Committee for their wonderful organisation before and on the day. Another very successful Mother's Day for 2019 ☺



Arriving Before 8:30am

There are a number of students who are arriving to school well before the 8:30am bell. I understand that occasionally there may be no other option but to drop your child/children before the bell. Unfortunately, there is no teacher supervision before 8:30am and for the safety of your children, we kindly ask if they can come to school after the 8:30am bell.

Earn and Learn

Thank you to our wonderful community for all the sticker sheets collected so far. Keep an eye out when you shop in store (or online) for products from the special Earn & Learn partner brands. If you purchase these products you will get two bonus stickers. They should be easy to spot as they're clearly marked at Woolworths stores. Keep collecting those Earn & Learn stickers for our school!



Peer Support

Peer Support starts on Friday 31 May in the morning session. The year 6 students have had a training day to equip them with all the skills they need to lead a Peer Support group. Stage 3 teachers, leaders and co-leaders have been busy organising groups and lessons. There will be a total of 5 Peer Support lessons throughout this term. Peer Support provides our students with the skills to build social connections and feel a sense of belonging across K-6.

Positive Behaviour for Learning (PBL)

Focus Area for Week 3 & 4:

Winnie's Focus Area

We are safe, respectful and responsible...

'When we enter the library at lunchtime'

- ✓ Line up outside the library in two quiet lines
- ✓ Use available technology responsibly
- ✓ Speak to others using an inside voice
- ✓ Pack away all books and activities before leaving



This fortnight's PBL focus is about being safe, respectful and responsible at the Library. Students are reminded to use appropriate inside voices and to be responsible by putting away any books before leaving the library. This focus is emphasised in assemblies, class and library lessons.

Wendy Kayello

Deputy Principal

PSSA RESULTS – Round 2

AFL

Junior Vs Winston Heights Public School	Won	36-16
Senior Vs Winston Heights Public School	Won	16-14

Football

Jnr Boys Vs Northmead Public School	Won	7-0
Snr Boys Vs Northmead Public School	Won	1-0
Girls Vs Northmead Public School	Drew	2-2

Netball - Grading

Junior A Vs Excelsior Rd Public School	Lost	2-8
Junior B Vs Excelsior Rd Public School	Lost	0-10
Senior A Vs Excelsior Rd Public School	Won	12-7
Senior B Vs Excelsior Rd Public School	Won	13-2

Newcombe Ball

Juniors Vs Northmead Public	Won 63-25	3 sets to 0
Seniors Vs Northmead Public	Won 63-22	3 sets to 0

Rugby League

Junior Vs Crestwood Public School	Won	46 - 16
Senior Vs Crestwood Public School	Won	28 - 22

PSSA RESULTS – Round 3

AFL

Junior Vs North Rocks Public School	Lost	19-29
Senior Vs North Rocks Public School	Lost	15-29

Football

Jnr Boys Vs Crestwood Public School	Won	7-1
Snr Boys Vs Crestwood Public School	Won	4-0
Girls Vs Crestwood Public School	Won	4-0

Netball - Grading

Junior A Vs Jasper Road Public School	Lost	3-8
Junior B Vs Sherwood Ridge Public	Lost	2-7
Senior A Vs Glenhaven Public School	Lost	1-6
Senior B Vs Murray Farm Public School	Lost	7-12

Newcombe Ball

Juniors Vs Crestwood Public	Won 63-38	3 sets to 0
Seniors Vs Crestwood Public	Won 63-50	3 sets to 0

Rugby League

Junior Vs Kellyville Public School	Lost	22 - 30
Senior Vs Kellyville Public School	Won	26 - 20

Melissa Johnston

PSSA – Where are they playing?



Round 4 – 24 May 2019 (approx 12.45 – 2.30)

Soccer	Vs Baulkham Hills North @ Ted Horwood
Rugby League	Vs Baulkham Hills North @ Crestwood Reserve 2
AFL	Vs Murray Farm PS @ Kellyville Park
Newcombe Ball	Vs Baulkham Hills North @ Baulkham Hills Nth PS
Netball	Kellyville Netball Complex Commercial Rd, Kellyville

Round 5 – 31 May 2019 (approx 12.45 – 2.30)

Soccer	Vs North Rocks Public @ Max Ruddock Reserve
Rugby League	Vs Samuel Gilbert PS @ John Curtin Oval
AFL	Vs Oakhill Drive PS @ Kellyville Park
Newcombe Ball	Vs North Rocks Public @ Winston Hills School
Netball	Kellyville Netball Complex Commercial Rd, Kellyville

ASSEMBLIES

Stage 2 & 3 Assembly (Years 3,4,5 & 6)

- Thursday 23 May – 2.10 pm
- Class Item – 4R
- Parents are welcome to attend

Kindergarten & Stage 1 Assembly (K-2)

- Thursday 30 May – 2.10 pm
- 2HB – will host the Assembly
- Parents are welcome to attend

CHPSSA Zone Cross-Country 2019

On Thursday 20th May, 47 students participated in the CHPSSA Zone carnival at Masonic Oval, Baulkham Hill under great weather conditions. The students were extremely well-behaved throughout the day. There was some close competition at the finishing line between a number of schools.

We wish the following students well who will represent CHPSSA at the SW Zone Cross Country on the Wednesday 12th June at Sydney Motorsport Park, Ferraers Rd, Eastern Creek.

Girls 8/9 Years

Lyla Reading 3/4C

Girls 10 Years

Matilda Webb 5N

Girls 11 Years

Alexandra Attard 5/6R

Boys 12 Years

Zac Le Quesne 6P

Harry Anderson 6H

Melissa Johnston


Nutrition Snippet

The simplest way

...to buy produce in season.

Buying fruit and veg in season is much cheaper than other times of the year. Plus it's better quality and tastes better too!

Winter – June, July, August

FRUIT
 Apple (Red Delicious, Granny Smith), Avocado, Custard Apple, Grapefruit, Kiwifruit, Lemon, Lime, Mandarin, Melon (Honeydew), Nashi, Orange (Navel), Passionfruit, Pear, Rhubarb.



VEGETABLES
 Artichoke (Jerusalem), Beans (Green), Beetroot, Bok Choy (Pak Choy), Broccoli, Brussels Sprouts, Cabbage (Chinese), Capsicum, Carrot, Cauliflower, Celery, Eggplant, Leek, Lettuce, Mushroom, Onion, Parsnip, Peas (Snow, Sugarsnap), Potato, Pumpkin, Silverbeet, Spinach, Swedes, Sweet Potato, Tomato, Zucchini.

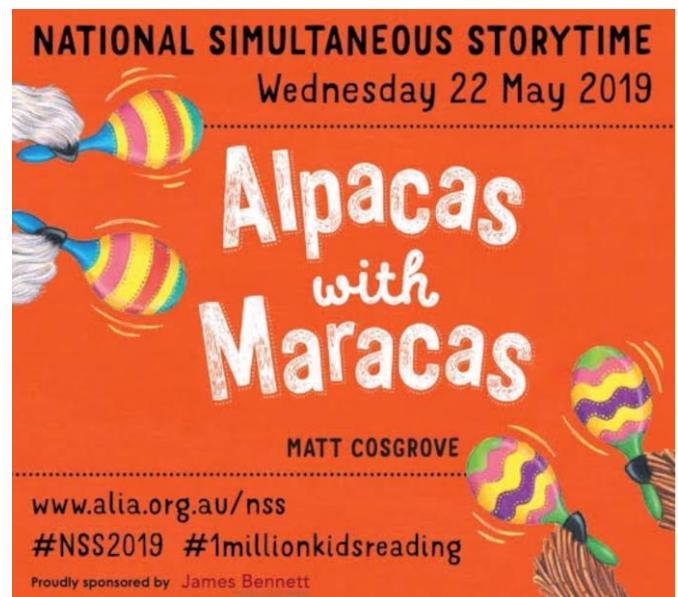
For more information visit www.eatittobeatit.com.au
 or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.


Health
Western Sydney
Local Health District



NATIONAL SIMULTANEOUS STORYTIME 2019 11:00am



National Simultaneous Storytime (NSS) is an annual campaign that aims to encourage more young Australians to read and enjoy books.

Now in its 19th successful year, it is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children's book that explores age-appropriate themes, and addresses key learning areas of the National Curriculum for Foundation to Year 6.

NSS is held annually by the Australian Library and Information Association. This year WHPS is taking part. Organised by the SRC, representative members will be reading the book to their class, with senior classes helping our infants class.

Stay tuned for photos from this great event.

Every year a picture book, written and illustrated by an Australian author and illustrator is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country. NSS2019's book is *Alpacas with Maracas* written and illustrated by Matt Cosgrove.

Reminder
P&C Meeting Tonight
21 May 2019 at 7.30pm
In the Staffroom
All Welcome

Mother's Day 2019



FROM THE CHAPLAIN

Growth Mindset



Have you ever been frustrated trying to help your child find something on a webpage? They click on every icon, picture, highlighted word and scroll up and down, up and down... By the end of it my eyeballs are rolling around in my head! I often hear mums say their child gets easily frustrated when they can't get something straight away and give up.

In the last newsletter, I wrote about shifting our brain from a fixed mindset to a growth mindset. If you are familiar with Big Life Journal they talk about the power of the brain and how it grows when we try new things. This term, I will help you teach your child how to be positive and to give them the confidence to persevere when trying new things. Here's how you can introduce growth mindset to your child so they can start to understand themselves better:

1. Ask them what it means to grow? What kinds of the things grow? We get taller as we grow, so do plants and animals. Even our brains grow!
2. What does mindset mean? It means it's the way our brain thinks about the things we do and the challenges and problems we come up against.
3. What does it mean to put the words "growth" and "mindset" together? When we combine them it means we can use our brain to try things, using strategies our teacher or parents have given us. And most importantly, to persevere and keep practicing.
4. What's a fixed mindset? It's the opposite of growth, so it means you can't get better at things, even if you practice. Wanting to give up or deciding we're just not good at something are clues we have a fixed mindset.

You can do a simple activity with your child and draw two brains on a sheet of paper – one "fixed" and the other "growth" and get them to write in both brains what they understand each mindset to be. At least you'll know if they've been listening!

If you need more information google BigLifeJournal.

Take care
Kylie Isherwood

Classes of the Week- KJ and 5P

KJ Joeys and 6P love their Buddy sessions. This term Kindergarten have been reading to their Year 6 Buddies. The Year 6 Buddies have also been helping Kindergarten in some of their Maths sessions.

