



# The Winston Whisper

## Winston Hills Public School

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Issue 11

Tuesday, 30 July 2019

## FROM THE PRINCIPAL

### Band Camp

On the weekend, 98 students from the school attended our band camp at Galston Gorge. Although I wasn't able to be there at the end for the performance, I did enjoy the weekend with our amazing musicians. I would like to give a big thank you to the teachers (Mrs Webb, Mr Freney, Miss Charalabidis, Miss Nettleton, Miss Youhanna, Miss Cuthbert and Miss Lee) and the parents (Mrs Hinchelwood, Mrs Buchan, Mrs Le Quesne, Mrs Mardling, Mrs McCabe and Mrs Kankanamge) for giving up their weekend to support this great program. I would particularly like to thank Mrs Hinchelwood and Ms Webb for their leadership of the program.

### Years 3-6 Athletics Carnival

Yesterday students from Years 3-6 participated in the annual Athletics Carnival at Gooden Reserve. We were very lucky to have great weather for the day. A BIG thank you to Ms Johnston who organised the carnival, and to the many staff and parent volunteers who helped to make it such a great success. I would also like to thank the parents and grandparents that came to support on the day.

### EDUCATION WEEK

Next Tuesday the 6<sup>th</sup> of August is our school's Open Day for Education Week. This will include open classrooms and our Book Character parade. Time to start getting your costumes ready. Ms Kayello has included details about this day in her column. We are looking forward to the day.

### URGENT - Kinder Enrolments for 2020

We are at the final stages of preparing the Kinder Orientation program which will start early next term. If you currently have a form and you have not submitted it, please do so over the next couple of weeks. If you are aware of any in-area children intending to enrol for next year (who haven't already done so), please advise them to contact the school as soon as possible to fill in enrolment forms and receive information about Kindergarten Orientation. Information will be sent home to those who have already enrolled for next year over the next few weeks.

### Staffing

Over the holidays Mr Astill and Mrs Limson have been permanently appointed to the school. Both are valued members of the Winston Hills Public School staff.

## CALENDAR

### TERM 3

#### Week 2

Tuesday 30 July

Reach English Competition  
(Term 2) 3-6 Recognition Assembly  
Principal's Morning Tea – 9.30am  
3-6 Footsteps  
Debating  
Y6 Interrelate Sessions  
3-6 Assembly  
Uniform Shop Open 840am  
Uniform Shop Open 6-7pm

Wednesday 31 July

Thursday 1 August

#### Week 3

Monday 5 August

Tuesday 6 August

Wednesday 7 August

K-6 Big Dreams Performance  
Book Character Parade  
3-6 Footsteps  
Y6 Interrelate Sessions  
Reach Mathematics Competition  
K-2 Assembly  
Uniform Shop Open 8.40am

Thursday 8 August

#### Week 4

Tuesday 13 August

P&C Meeting

## WHAT'S DUE?

Thursday 15 August

Thursday 29 August

Maths Info Sessions for Parents

Muru Mittaggar Note & Payment

## ACCOMPANYING NOTES

- Muru Mittaggar Excursion – Years 1 & 2
- Maths Information Sessions for Parents – K-6

### Community News

- Baulkham Hills Baseball
- Mental Health – Model Farms High School

## SCHOOL GROUP PHOTO DAY

PSSA, Choir, House Captains etc..



Please Note  
New Date



**Monday 16 September 2019**

## FROM THE PRINCIPAL Cont....

### Hillcrest Avenue

The new "drop off area" in the school staff carpark off Hillcrest Avenue is only for students in wheelchairs. To ensure the safety of our students, this carpark is not for general or public use.

Thank you for your understanding in this matter.

### Staff Professional Learning

On Monday the 22<sup>nd</sup> of July, the staff were involved in professional learning to support the effective implementation of STEM (Science Technology Engineering and Mathematics). The staff are currently reviewing programs and purchasing resources to support student engagement.

**Mark Byrne**

Email: [mark.byrne@det.nsw.edu.au](mailto:mark.byrne@det.nsw.edu.au)

## FROM THE DEPUTY

### Welcome back

It is great to see the students return last Tuesday all ready for a busy, fun and exciting Term 3.

### Opportunity Class Placement Test

The Opportunity Class Placement Test for Year 5 2020 entry will be held on **Wednesday 31 July, 2019**. The test is held **only on this day** and only in official test centres in NSW. There is no catch-up test. Students are to wear full school uniform on this day.

**Time:** 9am -11:15am

**Venue:** Baulkham Hills High School  
Windsor Road  
BAULKHAM HILLS NSW 2153

### UNSW REACH – English Test

Today, the REACH English test took place at 8:00am. This was only for the students who have already ordered and paid for UNSW REACH last term.

The UNSW REACH Mathematics test day has been moved to **WEDNESDAY 7 AUGUST** at 8:00am. Please add this date in your diary, so your child does not miss out. It is very important that students arrive at 7:50am and meet in Area A, to ensure they have enough time to complete the test.

### Earn and Learn

A BIG THANK YOU to our generous community for their efforts in collecting the Woolworths Earn and Learn stickers for our school. Also, another HUGE THANK YOU to the SRC and Mrs Frame for sticking the stickers onto the sticker sheets during their lunch break.

Our total number of stickers was **67 860**.

As an SRC initiative, they have chosen to get outdoor games, balls and equipment that students could borrow to play with at lunchtimes.

### Education Week – Week 3

As part of our Education Week school celebrations, we are holding the annual Open Day and Book Character Parade On Tuesday 6 August, with the Book Week theme of 'Reading is My Secret Power'. Students are to come to school dressed as their favourite book character. Parents and families are invited to join us for the parade at 9:30am in the 3-6 playground. Morning tea will be served by our wonderful SRC members at 11am.

The annual school Book Fair will be held in the hall from 8.30am – 9.00am and re-open after the book character parade until 12:15pm. Please come along and buy a book for your child.

<b>8.30 am – 9.00 am</b>	Book fair in the hall
<b>9.30 am</b>	Book character parade in the 3-6 playground
<b>11.00 am</b>	Parent morning tea
	Book fair in the hall
<b>11.30 – 12.15 pm</b>	Open classrooms – K-6

### School Group Photo Day

Our School Group photo day (PSSA, Choir, House Captains etc.) has been moved to Monday 16 September due to the Zone Athletics Carnival on Monday 26 August. More information to come closer to the day.

### Positive Behaviour for Learning (PBL)

Focus Area for Week 1 and 2:

**Winnie's Focus Area**

*We are respectful.....*

*We take care of our environment'*

- Put your rubbish in the bin
- Recycle all that you can




Our first PBL focus for this fortnight is about being respectful. Students are reminded to put their rubbish in the bin and recycle all that they can. Posters have been put up around the school to emphasise this fortnight's focus.

**Wendy Kayello**  
Deputy Principal

## PSSA – RESULTS – Round 10

No PSSA due to Stage 3 Camp and ground closures

## PSSA RESULTS – Round 11

### AFL

Jnr's Vs Beaumont Hills Public School	Lost	36-20
Snr's Vs Beaumont Hills Public School	Won	59-4

### Football

Jnr Boys Vs Northmead Public School	Won	2- 0
Snr Boys Vs Northmead Public School	Won	7- 2
Girls Vs Northmead Public School	Won	6- 2

### Netball

Junior A Vs Murray Farm Public School	Won	4-0
Junior B Vs Sherwood Ridge Public School	Won	7-6
Senior A Vs Murray Farm Public School	Won	10-3
Senior B Vs North Rocks Pubic School	Won	17-3

### Newcombe Ball

Juniors Vs Northmead Public	Won 63-29	3 sets to 0
Seniors Vs Northmead Public	Won 62-46	2 sets to 1

### Rugby League

Junior Vs Crestwood Public	Won 40 - 16
Senior Vs Crestwood Pubic	Won 24 – 16

*Melissa Johnston*

## Annual 3-6 Athletics Carnival

This year the school's athletics carnival was a great day at Gooden Reserve. All students from years 3-6 attended this compulsory school event and loved participating and encouraging their age group. It started with the 800m and 100m events followed by the field events.

Without the commitment and support of our parent volunteers for field events, they could not have run as smoothly as they did on the day. Your time and commitment is greatly appreciated.

Thank you to all the parents and friends who came out to the oval to support the students. Thank you also to Steve Freney, Rachael Frame, Lisa Moses and Mark Byrne, the K-6 teaching/support and office staff for your support on the day.

The CHPSSA Zone Carnival 26<sup>th</sup> August at Blacktown International Sports Park, Eastern Rd, Rooty Hill,

*Melissa Johnston*

## PSSA – Where are they playing?



### Round 12 – 2 August 2019

Soccer	Vs Crestwood Public @ Max Ruddock Reserve
Rugby League	Vs Kellyville Public @ John Curtain Oval
AFL	Vs Matthew Pearce Public @ Kellyville Park
Newcombe Ball	Vs Crestwood Public @ Winston Hills School
Netball	Vs Matthew Pearce Public @ Kellyville Netball Courts

### Round 13 – 9 August 2019

Soccer	Vs Baulkham Hills North @ Max Ruddock Reserve
Rugby League	Vs Baulkham Hills North @ Crestwood Reserve 2
AFL	Vs Crestwood Public @ Kellyville Park
Newcombe Ball	Vs Baulkham Hills North @ Winston Hills School
Netball	Vs Crestwood Public @ Kellyville Netball Courts

## P&C Meeting

**Tuesday**  
**13 August 2019**  
**7.30pm**  
**All Welcome**





## STAGE 3

# MILSON ISLAND 2019



Excitement was in the air on Monday week 10 of Term 2 as 190 Stage 3 students arrived at school ready to set off on camp. Milson Island staff welcomed us as we stepped off the ferry and began taking in our new home for the next 4 nights, 5 days.

Students had the chance to challenge themselves in new experiences through a variety of outdoor activities and problem solving tasks. There were brave faces as students descended down the abseiling wall, loud screams from the giant swing, wobbling feet on the high ropes course, eagle-eyed archers, splashing canoers and mini MasterChef's on the cookout just to name a few.

It was pleasing to see all students challenge themselves, work as a team and enjoy their experience.

A big thank you to Ms Ward, Ms Lam, Ms Frank, Mrs Pollard, Miss Russell, Ms Johnson, Mr Freney, Miss O'Hegarty, Mrs Moses and Mr Neves for giving up their time to attend the 5 days with the students.



## FROM THE CHAPLAIN

### Helping our ANGRY Kids



All kids get angry... and so do adults, and that's OK. After all, it's one of our emotions. But it's when we can't control our anger and it starts affecting our relationships and learning, that it becomes a problem. I know how hard it is having a child who finds it hard to manage their anger, but it's important to not give in to them just to keep the peace. They need to practice (many times!) how to cope with what triggers them. Ask them...

1. **What pushes your buttons?** Being told no, waiting, being scared, unfair treatment, tiredness, losing, being ignored, cheating, hunger.
2. **How do you feel when you're angry?** Sore tummy, headaches, red face, sore throat from yelling, heart racing, jelly legs.

These questions allow them to understand what triggers them and how their body feels. Then they'll know to start using their three coping strategies.

1. **THINK** to yourself. I am angry but I need to be stay calm like a...panda, sloth, sleeping kitten...
2. **SAY**. I am feeling angry and I need to walk away *now*.
3. **DO**. Choose one or many that work the best - get a drink, take 5 deep breaths, count backwards from 10, run on the spot for 20 seconds, do 10 pushups, place hands over ears and listen to your breath and slow it down, think of a happy memory or place, talk to an adult, find a safe and quiet spot.

My child finds taking deep breaths and going to their room helps. Afterwards I'll talk to them about what happened and praise them for using their strategies (or at least trying to!).

All the best,

**Kylie Isherwood**

## ASSEMBLIES

### Stage 2 & 3 Assembly (Years 3,4,5 & 6)

- Thursday 1 August – 2.10 pm
- Class Item – 4/5F
- Parents are welcome to attend

### Kindergarten & Stage 1 Assembly (K-2)

- Thursday 8 August– 2.10 pm
- Class Item - 1F
- Parents are welcome to attend

## BAND



### Camp and ASBOF

As I type this, I'm trying to think if I've forgotten anything I need to do to get us off to camp this weekend but when you read it we will be back and camp will be a memory from a weekend past. I'm sure everyone will have a fabulous time, the weather forecast is great and camp is always a lot of fun. By the time the next newsletter goes out I'll have compiled some photos to submit so stay tuned, in the meantime don't forget to like the band FaceBook page to get updates. Just search for 'WHPS band.'

Next month we will be running a fundraiser for band in the form of a 'practice-a-thon' This will be a great way to keep the momentum going after camp and also good practice in the lead up to the upcoming Australian School Band and Orchestra Festival (ASBOF- previously known as the UNSW band comp) The children will be given their sponsor cards and all relevant information next week.

ASBOF is fast approaching on 11<sup>th</sup> August, this year the event is being held at The Concourse in Chatswood. A reminder of event times:

#### Training Band

Sampson Event  
8.18am (Arrive by 8.05am)

#### Intermediate Band

McAnally Event  
9.59am (Arrive by 9.45am)

#### Performance Band

Cook Event  
12.03pm (arrive by 11.45am)

# Classes of the week

## KL and 5/6R



KL and 5/6R look forward to weekly Buddy sessions. The Year 5 and 6's have been teaching their Kindergarten Buddies to skip with both a short and long rope. Everyone has been having a blast! We're all a bunch of skipping superstars!

