



The Winston Whisper

Winston Hills Public School

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Issue 13

Tuesday, 27 August 2019

FROM THE PRINCIPAL

Stage 2 Camp

Last week our Year 3 and Year 4 students went on their camp to the Zoo. Although the students were tired from being woken by the seals at 4:30am, the students had a great time. I would like to give a big thank you Mrs Coates, Mrs Lorenz, Mr Astill, Miss Cuthbert, Mrs Tyler, Mrs Frame, Mr Freney, Mr Verma, Mrs Alley and Mrs Castle for giving up their time for this great experience.

SASS (School Administrative and Support Staff) Recognition Week

This week is SASS recognition week. At Winston Hills Public School, we are very lucky to have an outstanding group of people who make up our SASS team. Whether it be in the office or supporting students and teachers within the classroom, they are an important part of the school community and help make the school a great place to come to every day.

Winter PSSA Grand Finals

Last Friday we had a large number of our teams take part in their respective Grand Finals. I would like to thank the teachers who give up their time to coach the teams and also thank the students for doing an amazing job of representing the school and displaying great sportsmanship. Thank you also to the parents and grandparents that were able to come and support on the day.

Parents Maths Information Session

Over the past 2 weeks, the school has held information sessions around how Maths is taught within the classrooms. It has been very encouraging to see that both sessions have been well attended. The final session will be held on Friday the 6th of September at 9:15am. This is a change from the original date due to the Father's Day Breakfast and Stall.

Zone Athletics Carnival

Yesterday our athletics team participated in the zone carnival at Blacktown Athletics Complex. There were some outstanding results with students progressing to the area carnival. I would like to thank Ms Johnston, Mr Freney, Mrs Coates and Mrs Frame for taking the team on the day.

Sickness

The school has been hit with a wave of sickness over the past couple of weeks for both students and staff. As well as the normal winter colds, we have had a nasty strand of influenza reported. Whilst we usually encourage parents to send children to school, please, if your child is sick, keep them home until they are better.

Mark Byrne
Email: mark.byrne@det.nsw.edu.au

CALENDAR

TERM 3

Week 6

Tuesday 27 August	K-6 "Silly Scientist" Incursion
Wednesday 28 August	3-6 Footsteps
Thursday 29 August	Uniform Shop Open 8.40am
	3-6 Assembly
Friday 30 August	Father's Day Breakfast
	Father's Day Stall
	Support Unit Athletics Carnival

Week 7

Wednesday 4 September	3-6 Footsteps
Thursday 5 September	K-2 Assembly
	Uniform Shop Open 8.40am
	Uniform Shop Open 6-7pm
	Hills District Music Festival – Choir

Week 8

Monday 9 September	Footsteps 3-6 (Make-up session)
Tuesday 10 September	Yr2 Muru Mittigar Excursion
Wednesday 11 September	3-6 Footsteps
	Yr1 Muru Mittigar Excursion
Thursday 12 September	3-6 Assembly
	Uniform Shop Open 8.40am

WHAT'S DUE?

Thursday 29 August	Muru Mittigar Excursion
Thursday 5 September	CARES – Year 4 Note
Thursday 12 September	Term 4 Account 2019
	Life Education – Healthy Harrold
	End of Year Party Day 3-6
	End of Year Party Day K-2
	Special Christmas Party - Support

ACCOMPANYING NOTES

Community News

- Girraween High School Information Evening
- Winston Hills Athletic Centre
- Family Fun Day at the Parliament
- Flexischools App
- Inala Fair

NOTICE - 4TW ONLY

CARES Excursion

Please note your new date
Wednesday 16 October 2019
Notes will be going home today

FROM THE DEPUTY

Groups Photo Day

Just a reminder that our school's Group Photo day has been moved to Monday 16 September, 2019 due to the Zone Athletics Carnival that was held yesterday.

The school photographers will be taking group photos such as PSSA groups and the Year 6 grade photo. All students in Winter and Summer PSSA teams are asked to wear their sport uniform. Year 6 students who are in a PSSA team are asked to bring in their full school uniform to change into for their Year 6 photo.

All other Year 6 students are to come in their full school uniform for their Year 6 photo.

Tell Them From Me (TTFM): *Partners in Learning* survey

Last year we had a record number of surveys completed by our parents. Your responses are very much appreciated and we are hoping to keep the momentum going for this year's TTFM surveys.

Winston Hills Public School will be participating in the *Partners in Learning* parent survey. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

The survey will typically take less than 15 minutes to complete and is completely confidential. The parent survey is opened now until Friday 25 October.

You can access the survey by using the link below on your smartphone, ipad, tablet, laptop or computer.

<http://nsw.tellthemfromme.com/winnie1>

Father's Day Breakfast and Stall – Friday 30 August

All dads are invited to come and celebrate Father's Day with their child at school on Friday, 30 August. Breakfast will be served from **8.00am – 8.50am**.

The Father's Day stall will be open from 9.00am – 11.00am for students to purchase gifts for their dads. Gifts will range from \$2 - \$6. Students are asked to bring a plastic bag to keep their gifts safe.

Public Speaking Enrichment Day

Over the past couple of weeks, Mrs Stewart has been working with students on effective public speaking skills. The students were nominated by their teachers and will be part of the Hills District Public Speaking Competition.

Collecting Your Child from School

An increasing number of students are being picked up late in the afternoon.

If you are going to be late to pick up your child from school, please contact the school before 3pm, to ensure your child/ren get the message before home time. Also, for safety reasons, we ask you to encourage your child/ren to go straight to the office if you are unable to pick them up by 3.00pm

Your assistance with this is appreciated.

SRC - Buddy Benches

One of the SRC initiative this year was to have Buddy Benches in our playground. We have 3 Buddy Benches in our playgrounds, one in Area A, Nature Area and K-2 Playground.



The Buddy benches encourage friendships and are there to support the students who may need a little extra help with that on the playground. All students from K-6 have been explicitly taught about the purpose of the Buddy Benches, to ensure consistent understanding across the school.

Students are encouraged to use the Buddy Bench when they feel like they have no-one to play with, after they have tried other strategies to find friends e.g. approaching someone else and asking them to play.

When other students see someone on the Buddy Bench, they can go over to them to introduce themselves and invite them to join in their game.

These Buddy Benches have been a positive addition to complement our whole school PBL and anti-bullying program.

Let's spread the message of inclusion and kindness!

SRC - Bread Tags – Terracycle

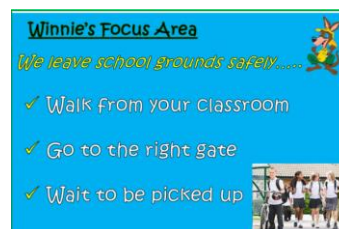
Another SRC initiative, is to collect used Bread Tags for a recycling program by Terracycle. Terracycle will turn the bread tags we collect into plastic pellets that can be molded into a variety of new products, like benches, picnic tables, and even playgrounds.

We kindly ask if you could start collecting Bread Tags and bringing them in to school to support this initiative.



Positive Behaviour for Learning (PBL)

Focus Area for Week 5 and 6:



This fortnight's PBL focus is about being safe and responsible when leaving the school grounds. Students will be reminded to walk safely and sensibly from their classroom to the right gate and wait responsibly to be picked up. Posters will be put up around the school to emphasise this fortnight's focus.

Wendy Kayello
Deputy Principal

PSSA RESULTS – Semi Finals

Football

Jnr Boys Vs Glenhaven Public School Won 3-0

Netball

Junior A Vs Baulkham Hills North Public Won 26-1

Junior B Vs Sherwood Ridge Public School Won 14-6

Senior A Vs Murray Farm Public School Won 18-9

Senior B Vs Jasper Road Public School Won 10-6

Newcombe Ball

Juniors Vs Oakhill Drive Public School Won 54-61
2 sets to 1

Seniors Vs Excelsior Public School Won 63-35
3 sets to 0

Rugby League

Senior Vs Beaumont Hills Public School Won 34-22

PSSA RESULTS – Grand Finals

Football

Jnr Boys Vs Baulkham Hills Public School Lost 0-2

Netball

Junior A Vs Kellyville Public School Won 9-5

Junior B Vs Jasper Rd Public School Lost 8-10

Senior A Vs Crestwood Public School Drew 11-11

Senior B Vs Baulkham Hills North PS lost 7-11

Newcombe Ball

Juniors Vs Matthew Pearce Public School Won 57-55
2 sets to 1

Seniors Vs Oakhill Drive Public School Won 63-37
3 sets to 0

Rugby League

Senior Vs Matthew Pearce Public School Won 28-6

Congratulations, to all the teams and their coaches for making it into the grand finals and our grand finalist teams for 2019.

Thank you to parents, teachers & supporters for their encouragement and support throughout the season.

Summer PSSA will resume 20th September.

Melissa Johnston

ASSEMBLIES

Stage 2 & 3 Assembly (Years 3,4,5 & 6)

- Thursday 29 August – 2.10 pm
- Class Item – 6H
- Parents are welcome to attend

Kindergarten & Stage 1 Assembly (K-2)

- Thursday 5 September – 2.10 pm
- KC – will host the Assembly
- Parents are welcome to attend

FROM THE CHAPLAIN

How to Help your Child Cope with Big Life Changes



Telling your child that there is going to be a big change in their life is very difficult. As a parent we worry they will either not cope, their anxiety will worsen or they'll change into an angry person full of hate and resentment. Here are some tips that might help you through this difficult period.

1. **Give them time to prepare.** When preparation is an option, give your child plenty of warning that a change is coming. This allows them time to process and begin to accept the change.
2. **Listen to their concerns.** Take time to address your child's questions and concerns. Help them work through the emotions that they're feeling and help them label the emotion if they are having trouble.
3. **Keep routines the same.** Give your child as much consistency and stability as possible. Bedtimes and mealtimes in particular should remain consistent. Structure feels safe for children, so provide as much of it as possible to restore a sense of safety.
4. **Provide connection and play.** Remain consistent in your child's connection with you. Make sure your child knows that no matter what else changes, you aren't going anywhere. Organise some time throughout the months ahead to go out somewhere special with them.
5. **Give them choices and ask for help.** During a big life change, children feel that they have no control over their lives. Give some sense of agency by allowing your child to make small choices: Eg. What colour does he want to paint his bedroom at the other parent's home? What should you cook for the first meal in the new house?
6. **Talk about other changes.** Talk about things they successfully coped with in the past. They might include starting school, joining a sport team, having a new teacher or a new sibling.

If your child isn't coping with a major change, then please let me know. I'm available Mondays and Thursdays.
Take care

Kylie Isherwood

biglifejournal.com

Morris Gleitzman Visit



Stage 3 were extremely lucky to have a visit from the renowned author, Morris Gleitzman. Mr Gleitzman has written over 40 books. Over the last two terms, classes in Stage 3 have been reading a variety of his work.

Year 6 have been extremely interested in his 'Once' series of books and have been studying issues that have arisen from the series. Mr Gleitzman talked about what motivated him to create this inspirational set of books, and gave the students a glimpse of what would be in the final book in the series, which he is completing at the moment.

He also shared with the students, the 'secret' of writing a good book. The teachers and students were exceptionally motivated by his talk.

Afterwards he spent time signing books, much to the delight of the many students who brought in their own copies from home.

6M and all of Stage 3 would like to thank Ms Limson for organising this wonderful event! We are inspired!



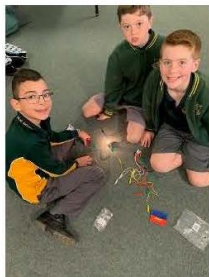
Reminder
School Group Photo Day
Has been moved to

Monday
16 September
2019



REMINDER
Father's Day Breakfast
Father's Day Stall
Is on this Friday
30 August 2019

Science Enrichment Day





KS & 5N



Students from both KS and 5N have enjoyed their time together this year.

*The students from 5N have helped their KS buddies in the computer lab,
with arts & crafts and maths.*

Meanwhile, the students from KS have shown 5N what great readers they are!

