



The Winston Whisper

Winston Hills Public School

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Issue 14

Tuesday, 10 September 2019

FROM THE PRINCIPAL

Hills Music Festival

The Hills Music Festival was an amazing event that showcased our students and their many talents. I have been to the festival for the past 15 years and every year I am amazed at the talent of the students. Our school's dancers and those involved in the choir and band did the school proud on the night. I would like to thank Mrs Calabrese and Mrs Russell for their leadership of the event. I would also like to thank Miss Frank, Ms Ward, Mrs Alley Mrs Astill, Miss Charalabidis, Miss Nettleton, Miss Ferro Mrs Nguyen, Mrs Johnston, Mrs Spink, Mr Astill, and Mr Freney for doing a great job preparing the items.

Influenza and Whooping Cough

The school has continued to have reported cases of influenza and whooping cough. Both these are contagious and we ask parents to follow the advice of their GP in regards to when they can return to school. A clearance letter from your GP is required.

For more information about influenza please go to:
<https://www.health.nsw.gov.au/Infectious/factsheets/factsheet/s/influenza.PDF>

For more information about whooping cough, please go to:
<https://www.health.nsw.gov.au/infectious/factsheets/pages/pe rtussis.aspx>

Parent Seminar: How to help your anxious child

As part of our chaplaincy program we are holding a parent seminar on how to support anxious children **tonight**. Mrs Isherwood, the school chaplain will be talking about what anxiety looks like, how it presents itself, when it can become a problem and what we can do to help. The seminar will be held in the staff room, starting at 6:30pm and finishing at 7:15pm.

K-2 Sports Carnival

This Friday will be our K-2 Athletics Carnival. This is always a day that the students enjoy and is well supported by the community. It will be held at Gooden Reserve and we have our fingers crossed that we get good weather. A big thank you to Mrs Rooke and her team of helpers for getting everything ready for the day.

P&C Meeting

The next P&C Meeting will be held at 7.30pm in the staff room tonight. All welcome!

CALENDAR

TERM 3

Week 8

Tuesday 10 September	Y2 – Muru Mittigar Excursion P&C Meeting
Wednesday 11 September	Footsteps 3-6 Y1 – Muru Mittigar Excursion
Thursday 12 September	3-6 Assembly Uniform Shop Open 8.40am Accounts Due
Friday 13 September	K-2 Athletics Carnival

Week 9

Monday 16 September	Speciality Group Photo Day
Wednesday 18 September	Footsteps 3-6
Thursday 19 September	K-2 Assembly Uniform Shop Open 8.40am
Friday 20 September	Summer PSSA Resumes

Week 10

Monday 23 September	K-6 Recognition Assembly Principal's Morning Tea – 9.30am
Wednesday 25 September	Footsteps 3-6 Last day of Banking
Thursday 26 September	3-6 Assembly Uniform Shop Open 8.40am
Friday 27 September	Last Day of Term

WHAT'S DUE?

Thursday 12 September	Term 4 Account 2019 Life Education – Healthy Harold End of Year Party Day 3-6 End of Year Party Day K-2 Special Christmas Party – Support
Monday 23 September	Bears & Balls Order Form

ACCOMPANYING NOTES

- Year 6 Bears & Balls Order Form

Community News

- Holiday Activity at the Reserve Bank Museum

FROM THE PRINCIPAL Cont...

Father's Day- Thank You

Friday the 30th of August was a great day for the dads, granddads and students of the school as we celebrated Father's Day. I would like to thank the parents who ran the Father's Day stall.

I would also like to thank the teachers and staff who helped to cook and serve everyone at our Father's Day Breakfast. Thanks particularly to Mrs Astill, Mr Astill, Miss Charalabidis, Miss Nettleton and Ms Johnston for your organisation.

Are You Moving In 2020?

If you are intending to leave the school this year, could you please notify the office on 9639 8518, as soon as possible (excluding year 6 of course). Accurate numbers are important for our class planning and staffing for 2020.

Mark Byrne

Email: mark.byrne@det.nsw.edu.au

FROM THE DEPUTY

Tell Them From Me: *Partners in Learning Survey*

Thank you to the parents who have completed the Tell Them From Me survey. We only have a 5% response rate so far and we would love to hear from more of you.

The survey is completely confidential and asks parents/carers questions about different factors that are known to impact on student wellbeing and engagement.

Your valuable feedback will help our school make practical improvements. The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. You can access the survey by visiting the link below:

<http://nsw.tellthemfromme.com/winnie1>

Father's Day Stall

A massive thank you to all the parent helpers at the Father's Day stall. It ran smoothly and it could not have happened without your help. Your hard work, time and effort is very much appreciated.



Groups Photo Day

A reminder that our school's Group Photo day is on next Monday 16 September, 2019.

A note went out last week with the detailed list of the groups that will be photographed on this day. All students in Winter and Summer PSSA teams are asked to wear their sport uniform. Year 6 students who are in a PSSA team are asked to bring in their full school uniform to change into for their Year 6 photo.

All other Year 6 students are to come in their full school uniform for their Year 6 photo.

Positive Behaviour for Learning (PBL)

Focus Area for Week 7 & 8

Winnie's Focus Area

We are respectful of others by...

- ✓ Keeping our hands and feet to ourselves
- ✓ Treating others how we would like to be treated
- ✓ Being mindful of their personal space





This fortnight's PBL focus is about being respectful of others by keeping their hands and feet to themselves, treating others how they want to be treated and being mindful of other's personal space. Students will be reminded of this in class and in assemblies, and posters will be put up around the school to emphasise this fortnight's focus.

Wendy Kayello
Deputy Principal



Reminder

K-2 Sports Carnival



This Friday 13 September 2019
at Gooden Reserve
Please be at school by 8.45am

Wear your Sports Uniform, Hat & Runners
Please bring your recess, lunch
and two water bottles
(No Canteen at this event)

BAND NEWS



HPAF

Performance band shone at the Hills Performing Arts Festival last Thursday night. Great work kids!

Practice-a-thon

Our month of 'Practice-a-thon' is finished. Please ensure your child has returned his/her form and money by the end of the week.

This is the first year we have run this particular fundraiser and I'm very grateful to the children and parents who have embraced it. It's a great way to encourage regular practice while still raising funds for our band. The band needs to purchase a number of new instruments this year to accommodate our growing numbers, so all fundraising support is much appreciated. Also regular fundraising helps us to keep your child's fees as manageable as possible.

Muirfield Band Links

Today, Tuesday 10th September, children from our performance band (and other local primary school bands) have been invited to join the Muirfield High School concert band for an afternoon of music. This is an annual event and always a great afternoon of music culminating in a fabulous concert with almost 100 musicians performing.

Tournament of the Minds

This year Cecilia, Indie, Rebecca, Kai, Ben, Jake and I (Geraldine) competed in Tournament of the Minds (TOM), with the Arts challenge - *The Wizard of AUS*. It was a creative outlet for the seven of us and included a spontaneous challenge and our long-term challenge. We were fortunate enough to secure HONOURS certificates for our interpretation of the project. Although this was my second year, this experience was quite new and different because as a team we supported each other with the help of our teacher, Mrs Kammerer. TOM is an amazing opportunity for the development of team-building skills. It required us to combine innovative ideas with creative ways of thinking to solve open-ended challenges. I would recommend TOM to those who aspire to think outside the box.




Nutrition Snippet

The simplest way

...to help your family eat well.

At Cancer Council NSW we're passionate about helping families eat well!

Sign up to one of our **FREE** Fruit & Veg Sense workshops for parents at your local school.

In our free 60-minute sessions, you will learn:

- How to save money.
- How much is a 'serve' of fruit and veg and how many serves do we need?
- How to save time with easy, family-friendly recipe ideas.
- Strategies to manage fussy eaters.
- How to improve the long-term health of your family... and much, much more!

Register at eatittobeatit.com.au – if there aren't any sessions scheduled at or around your school, put your name on the waiting list and we can schedule one.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.





Health
Western Sydney
Local Health District



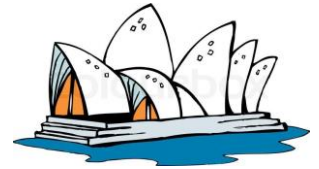
Reminder School Group Photo Day

**Monday
16 September
2019**





Stage 2 – ZooSnooz



Stage 2 had an amazing time on the ZooSnooz Excursion.
We saw the sites of Sydney, including a tour of the Opera House.



The Opera House



Zoo Time



Is this the one that woke us up ???

Father's Day 2019

Thanks to all the Fathers who celebrated with us!



ASSEMBLIES

Stage 2 & 3 Assembly (Years 3,4,5 & 6)

- Thursday 12 September – 2.10 pm
- Class Item – 4LV
- Parents are welcome to attend

Kindergarten & Stage 1 Assembly (K-2)

- Thursday 19 September – 2.10 pm
- KL – will host the Assembly
- Parents are welcome to attend

FROM THE CHAPLAIN

Parent Seminar Tonight on “How to Help your Anxious Child” 6.30-7.15pm in the staffroom



Tonight I will be talking about how to help your anxious child. All information is sourced from mental health professionals and from my own experiences as a mum and working with students here at school.

I have a keen interest in the area of anxiety as I know that if it's not managed it can affect so many areas of your life from learning, to making friends and keeping healthy. So tonight I'll share some information on what anxiety looks like, how it presents itself, when it can become a problem and what we can do to help. I will also introduce the BRAVE program and how you can access this to do with your child at home.

As a Chaplain, my aim is to make school a happy place for your child. Whether that's finding a program which suits your child's needs or having a chat with them. The types of programs I can run are for children who are having serious friendship problems, need help with their social skills, anger management, anxiety, changes at home, self-esteem, respect and resilience.

I hope to see you tonight. If not, I'm at school Mondays and Thursdays, so please send me an email to the office or give the office a ring if you need a chat.

Take care

Kylie Isherwood

3A Poetry!



This week we have been hard at work writing some awesome poetry inspired by Roald Dahl's 'The Dentist and the Crocodile'. We are really proud of our work, we hope you enjoy.



Goanna gave a piercing smile as he sat in the dentists chair

He looked up at the dentist and gave a nasty snare

The goanna looked down and said with all his youth

"oh kind sir would you mind taking a look at my tooth?"

The dentist stared into his eyes and then he smiled with glee

"Alright Goanna I'll help but you have to listen to me."

The goanna stopped and stared then suddenly went pale

"Actually, I feel find now." And he walked off with his tail

The dentist looked back down at him and said "Not so fast!"

He said, "If you leave that nasty tooth, your gums will never last"

Goanna paused to think and then he stopped and said "Alright!"

"But only because it really aches when I try to bite."

Rashan and Tara

3A

The koala sat in the dentists comfy chair
"My teeth need repair!" He said, with a nasty glare

The dentist thought he was so fluffy
The koala was also puffy

"I want you to take a peek" he purred

The dentist patted it's fuzzy fur

On the chair, the dentist let him crawl

The dentist said "You are very small."

It was okay and he took a peek

But the koalas clean teeth actually leak

He went into the bowl as water got poured
The koala went home and he loudly snored

Pelagia and Divya

3A

